

# Be-A-River

OKCPS-Native-American-Student-Services

## Takeaway Activity

Supplies Needed:

- Sand
- Small Pebbles
- Rocks (Medium to small, bigger than the pebbles)
- Water
- Food Coloring (Optional)
- Mason Jars (Wide Mouth, Small)
- Permanent Marker

1

Prepare-Materials and-make-sure everything-is-set-up in-a-production-line. Start-with-big-rocks and-work-your-way down-to-the-sand.

2

After-placing-the big-rocks,-pebbles, and-sand-in-the mason-jar,-fill-with water-till-there's about-1/2-inch away-from-the-top. Secure-with-lid.

3

Notice-how-you-can see-that-each-layer exist-calmly-in-the water.-You-can-turn the-jar-and-it's stable-and-easy-to see.-Now-SHAKE-IT UP-(not-too-hard)!

4

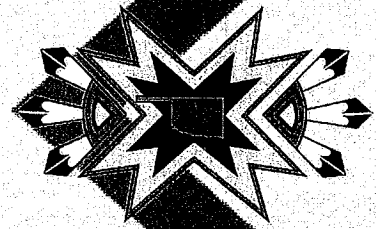
Now-each-layer-has mixed-with-one another-and-it becomes-murky-and harders-to-see.-This represents-how-a student's-life-can change.

Use-the-permanent-marker-to-label-each-one-so-nobody-is-confused as-to-who-the-jar's-owner-is.-You-can-add-"Like-A-River"-to-help remind-you-of-this-message.

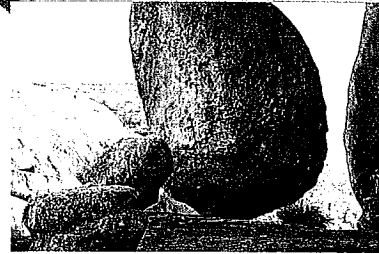
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### Symbolic-Meaning-of-Materials-

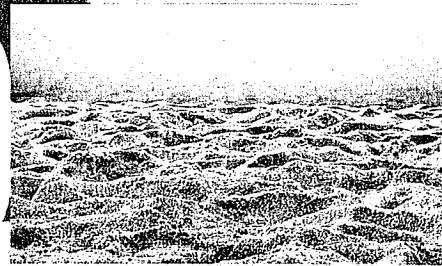


**Big-Rocks-** These are events or circumstances that make life extremely difficult. Things like a teen pregnancy, parent using drugs, born with a birth defect/mental illness. These barriers are likely to affect them throughout their lives.



**Pebbles-** These are problems or events that may last a few years or months. These might look like a romantic relationship, a part-time job, a course, or even having parents divorce. These may be present but not present over the entire life.

**Sand-** These issues or problems are usually day to day, chores, homework, typical daily routine. This also can cover extracurricular activities. Usually time management comes into importance here.



**Lesson-Ideas:** Have students write out their big rocks, pebbles, and sand to let them see what those events are, or you could have students work together to make a class version. You can use this and apply it to many different lessons.